



3064 Glen Drive
Coquitlam, BC
Tel: 604-464-6608



Sunday, April 2th, 2017

Take Care of Yourself, Take Care of Each Other & Take Care of Glen

Dear Parents/Guardians,

The Fraser Institute's ranking of BC elementary schools will soon be released. I know many parents have questions about the ranking and how the rankings are made. The Fraser Institute ranking is based on the results of the Foundations Skills Assessment written in grade 4 and 7. The Foundation Skills Assessment is a standardized test that assesses students skills in reading, writing and numeracy.

The Fraser Institute's ranking is flawed as it does not include factors such as family income, parental educational attainment, percentage of EAL students, students with Special Needs or students in the care of the Ministry of Family and Children. Additionally, in Coquitlam, elementary rankings include the grade 7 FSA results even though those students are no longer part of the elementary school. This is because most districts have K-7 elementary schools.

According to Kevin Reimer, Past President of the British Columbia Principals and Vice- Principals Association, "to rank schools on the basis of this single test is like ranking cities on the basis of the quality of their hockey team".

Knowing your local school matters, and determining if it is a good place for your child is something every parent should consider. Parents wanting to know their local schools can talk with teachers, administrators and parents in the school community. Glen welcomes parents and volunteers as important partners in the education and success of every learner. Our school culture including the extra curricular sports, after school programs and leadership opportunities communicates far more to parents than a flawed school ranking. Parents are encouraged to talk with either myself, Sarah Husband or Ray Appel to better understand the Fraser Institute.

Sincerely,

Mrs. S. Husband

Principal

Mr. R. Appel

Vice-Principal



Please call the school or complete an absence report if your child is away or late for school. We must call every family who does not contact us. Some mornings Mrs. Carswell, our school secretary calls 20 families.

Mrs. Carswell is also the school book keeper, deals with first aid issues, and all student records (registration) and receptionist. Wow.

TRACK ATTACK AND TRACK AND FIELD

GRADE 3, 4 and 5 STUDENTS

To prepare for the District Track and Field meet on May 26th at Coquitlam Town Centre, grade 3-5 students participate in Track Attack during the school day with their class.

Each class has four sessions in April to experience Track Attack. Grade 3's on Tuesdays and Grade 4/5's on Thursdays. Students are taught each of the events and given time to show what they can do. The 400, 800 and 1500 meters running events are not part of Track Attack.

During Track Attack teachers record student results of running events, shot put, discus and long jump. Students who make or are close to the district standard during Track Attack, will be invited to join three weeks of additional Track and Field practice starting in May. A letter will be sent home with students who are being invited to participate which parents need to sign. Track practices will be either before school, lunch or after school.

Grade 3, 4 and 5 students will be invited to the 400 meter, 800 meter and 1500m practices in May based on their performance in Kilometer Club and Como Lake Relay. All students participate in Kilometer Club during class time. High Jump (grade 3-5) will be open to all students to attend practice for the first week in May.

Schools are only permitted to bring students to the district Track and Field meet who have reached the district standards. This requirement is to make sure that students have a positive and safe experience while competing against other schools. See page 3 of this newsletter for the NEW district standards.

Parent volunteers are needed for both Track Attack and Track Practices. If you can help with either please email Mrs. Husband shusband@sd43.bc.ca

Track Attack Gr 3's and Div 6 Tuesdays

April 4th following recess

April 11th following recess

April 18th following recess

April 25th after lunch

Track Attack Gr 4/5 Thursdays

April 6th following recess due to early dismissal

April 13 after lunch

April 20th following recess (due to Como Lake relays that day)

April 27 after lunch



DISTRICT STANDARDS

EVENT	OPEN 2 BOYS	OPEN 2 GIRLS	Open – any grade represented but only 2 runners per gender
1500 m	7 min	7 min 20 s	<u>(4 runners per school)</u>

EVENT	GRADE 3 GIRLS	GRADE 3 BOYS	GRADE 4 GIRLS	GRADE 4 BOYS	GRADE 5 GIRLS	GRADE 5 BOYS
100 m	19 s	19 s	18 s	18 s	17 s	16.5 s
400 m	1 min 35 s (95 s)	1 min 35 s (95 s)	1 min 30 s (90 s)	1 min 30 s (90 s)	1 min 26 s (86 s)	1 min 25 s (85 s)
800 m	3 min 45 s	3 min 40 s	3 min 35 s	3 min 30 s	3 min 25 s	3 min 20 s
High Jump	85 cm	85 cm	95 cm	95 cm	105 cm	105 cm
Long Jump	2.30 m	2.30 m	2.70 m	2.70 m	2.80 m	2.90 m
Shot Put	X	X	4.40 m	5.70 m	5.50 m	7.00 m
Discus	X	X	X	X	10.00 m	12.00 m

** REVISED 2017 **

Changes to the District Track and Field Meet

- There will **NO LONGER** be a 4 x 200 relay for grade 3 or 4.
- The 800 m now includes grade 3 runners (2 runner per gender per grade).
- Students may only go in one relay, either the 4 x 100 or the medley - not both. Each school may only enter one 4 x 100 and one medley team. (Not an A & B team)

Como Lake Relays Grade 4 and 5

Grade 4 and 5 students are practicing three times a week to prepare for the Como Lake Relays on Thursday, April 20th . Most elementary schools in Coquitlam include a team. Students run in teams of 4 with **each** team member running one lap of Como Lake (1.2km).

Nearly 40 students signed up and are trained 3 days each week. Runners will be selected based on their time, attendance and must be able to run the entire distance without walking. Congratulations to all the students who have been training and improving their fitness.

GO GLEN !



Kilometer Club- Grade K-5

As part of the Health Education all classes participate in Kilometer Club with their class in the month of April. Students run laps around the field once a day and record how far they run.

Students who run 10, 15, 20, 25, 30, 40 or 50 km earn with a ribbon or token. The students with the help of the leadership students are in the process of voting on having either ribbons or foot tokens. The foot tokens are a new idea and come with a necklace that children keep and each year they add tokens. Go Glen Go!!



Public Speaking

Grade 4 and 5 students class finalists will be participating in our school public speaking contest next week. The English program school final will be on Wednesday, April 5th with District Finals Scheduled for April 28th.

Best wishes to all those students who are presenting to the school. Thank you to the many parents who helped their child practice their speech at home in preparation for their presentations at school.

This year the French Immersion students will be participating in a verb-a-thon competition on May 12th, 2017.



Parent Advisory Council (PAC) Page

STAFF APPRECIATION LUNCH

Glen Elementary PAC needs your help to celebrate our wonderful teachers and staff!



We are hosting a Teacher Appreciation Lunch on Thursday, April 13th and looking for donations (suggested amount \$5, more is always welcome), and for door prize and decoration contributions. Thank you for all your support – we could not do this without the help of the amazing Glen parents!

You can help by:

- Donating money (\$5 per child requested) forms were sent home this week, are available in the office or donate online (cash or cheque made out to *Glen Elementary School*) Click the link below school cash online.
<https://sd43.schoolcashionline.com/Home/SignIn>

- Donate a door prize
- Donate decoration items (flowers, balloons, etc.)
- Volunteer your time

April 12, 2:30 – 3:30 | Setting up gym, or April 13, 11:00 – 1:00 | Prep & hosting or April 13, 1:00 – 2:00 | Clean up

Forms are due back by Monday, 3 April, 2017.

Please contact us at PACglen@gmail.com

NEXT PAC MEETING

When: Wed, April 12th, 6:30pm

Where: Staff room

Who: Everyone



To a handful for PAC parents for giving so much to school wide events each month -

Leah Zille, Nadia Shaikh-Naeem, Camille Corej-Tissshaw, Nadine Gibb, Zuzana Stvrtecky, and Suzi Allen



RECYCLERS!

The Glen School PAC is supporting a school wide recycling system. To help, PACIFIC MOBILE DEPOT comes to the Glen parking lot on the third Saturday of every month.

April 15th, 2016 9am -12pm Glen parking lot

Please go to <http://pmdrecycling.com/> to find out more on the items they accept.

Items can be dropped for free or a small fee (depending on the items). The small fees are from Pacific Mobile Depot and are for the service of picking up and distributing the recyclables to the proper facilities. The Glen PAC will also gets some of the money collected to help us with our school recycling program!

This helps Glen students keep more out of the landfill, and teach the kids environmental/ resource responsibility!! Please contact Nadine Gibb if you are able to help by volunteering for part of the morning.



Glen School Calendar 2017

Glen Public Speaking Contest 9am	Wednesday, April 3, 2017	
Second Term Parent-Teacher Conferences	Thursday, April 6, 2017	Early Dismissal 1:38 pm
PAC Meeting 6:30pm	Wednesday, April 12, 2017	
Staff Appreciation Lunch	Thursday, April 13, 2017	
Good Friday Holiday-	Friday, April 14, 2017	Students do not attend
Easter Monday Holiday-	Monday, April 17, 2017	Students do not attend
Maple Creek Grade 6 Parent Night	Thursday, April 20, 2017	7pm at Maple Creek
Como Lake Relays	Thursday, April 20, 2017	
District Non-Instructional Day	Friday, April 21, 2017	Students do not attend /office closed
School Performance– Variety	Wednesday, April 26, 2017	
Music Monday- (10:00 am outside parents welcome)	Monday, May 1, 2017	
French Immersion Verb-A-Thon	Friday, May 12, 2017	
What is Middle School? Gr. 5 Parents and Students	Wednesday, May 17, 2017	6:30pm at Maple Creek
Class and Team Photos	Thursday, May 18, 2017	
Victoria Day Holiday-	Monday, May 22, 2017	Students do not attend
School Based Professional Day	Tuesday, May 23, 2017	Students do not attend/ office closed
District Track and Field Meet	Friday, May 26, 2017	
Grade 6 for a day at Maple Creek	Thursday, June 1, 2017	Grade 5 students attending Maple Creek
Welcome to Kindergarten Meetings	Thursday, June 1, 2017	
17/18 Kindergarten Students English Program 9am		
17/18 Kindergarten Students French Immersion 1pm in the gym		
Current English Kindergarten students start school at 10:30am (attend 10:30 until 2:38pm)		
Current French Kindergarten students finish school at 12:00pm (attend 8:35 until 12:00)		
Parent Appreciation Tea	Tuesday, June 6, 2017 (1:00 pm)	
Sports Day– parents welcome to watch events	Friday, June 9, 2017	
Grade 5 leaving ceremony (time TBA)	Thursday, June 29, 2017	
Last day for students (dismissal at 2:37 pm)	Thursday, June 29, 2017	
Final Report Cards sent home	Thursday, June 29, 2017	
Administrative Day–Students do not attend	Friday, June 30, 2017	Office closes at 11am

NEW DIGITAL MEDIA RESOURCES

MediaSmarts, the Canadian not-for-profit charitable organization for digital and media literacy has developed some new guides that may be of interest to parents:

[Getting the Most Out of Video Games Guide](#)

[Digital Citizenship for Parents](#)

[A Guide for Trusted Adults: Practical Tips and Tools for Supporting Girls and Young Women Navigating Life Online](#)

[Talk Back! How to Take Action on Media Issues](#)

The [Canadian Centre for Child Protection](#) want parents to know of concerns in a popular gaming environment called Roblox. Roblox is a user-generated gaming environment, children are encouraged to create adventures using their avatar, play games and connect with friends in this multiplayer environment. The Canadian Centre's [Cybertip.ca](#) program has received a number of reports concerning requests to meet up in person, and/or sexually suggestive chat messages being sent to children under the age of 12 within Roblox.